



OutReach Community Pantry Donation Wish List

Thank you for supporting our low-barrier food and essentials pantry at OutReach LGBTQ+ Community Center!

Donated items must all be new, unopened, and unused – the only exceptions are items that are individually packed if the larger box/container is opened (i.e., granola bars, tampons, etc.) See end for a list of items that we *cannot* accept due to space limitations or other restrictions.

We can generally accept donations whenever OutReach is open, usually M-F 12-6 PM.

More specific questions? Want to organize a donation drive? Reach out to our pantry coordinator, Becca Bedell, beccab@lgbtoutreach.org. Learn more on our website: outreachmadisonlgbt.org/community-resources

Accepted Donations

1. Gift cards / financial assistance, for example:
 - a. Gas station gift cards
 - b. Grocery store gift cards (e.g., Woodmans, Walmart, etc.)
 - c. Bus passes
 - d. Other gift cards
2. Non-perishable, relatively easy-to-cook food, for example:
 - a. Instant ramen/noodles
 - b. Shelf-stable microwavable food (e.g. rice)
 - c. Pasta
 - d. Pasta sauce
 - e. Canned goods
 - f. Tuna and other canned proteins like chicken
 - g. Snacks like crackers, chips, granola bars
 - h. Cereal and oatmeal
 - i. Coffee and tea
 - j. Shelf-stable juice
 - k. Shelf-stable or powdered milk
 - l. Bottled water (all sizes and quantities)
3. Personal care items (travel and full sized), for example:
 - a. Shampoo and conditioner
 - b. Lotion
 - c. Textured hair care products
 - d. Soap, body wash, face wash
 - e. Menstrual care products like tampons or pads
 - f. Baby wipes and/or body wipes
 - g. Razors and shaving supplies

- h. Toothpaste and toothbrushes
 - i. Chapstick/lip balm/Vaseline/Aquaphor
- 4. Medical supplies, for example:
 - a. Band-aids
 - b. Gauze
 - c. Alcohol wipes
 - d. Hand sanitizer
 - e. *For information on donating syringes and sharps containers, contact our Harm Reduction Services Director Tarah Stangler at tarahs@lgbtoutreach.org.*
- 5. Cleaning supplies, for example:
 - a. Dish soap
 - b. Laundry soap
 - c. Cleaning spray
 - d. Cleaning wipes
- 6. Household supplies, for example:
 - a. Toilet paper
 - b. Paper towels
 - c. Can openers
 - d. Disposable plates, bowls, cups
 - e. Disposable silverware
- 7. Other, such as:
 - a. Winter hats, scarves, gloves
 - b. Socks
 - c. Hand and foot warmers
 - d. Diapers
 - e. Formula

Unaccepted Donations

Due to limitations on storage space, staff time, or legal regulations, unfortunately **we cannot accept the following donations from community members:**

1. Clothing like shirts, pants, coats, underwear, etc. - anything other than socks or accessories
2. Perishable foods (i.e., foods that must be refrigerated)
3. Partially used/opened foods
4. Partially used/opened personal care products
5. Any medications, including over-the-counter medications like acetaminophen (Tylenol, etc.) or ibuprofen (Motrin, etc.)
6. Food that is moldy or otherwise spoiled
7. Cans that are dented on a seam or swollen
8. Any cans, bottles, etc., with missing labels
9. Any boxes that are stained or wet
10. Any product that is leaking or open
11. Any baby food or formula that is expired